



Ellesmere

# ELLESMERE COLLEGE RUGBY ACADEMY

OFFERING DIFFERENT POSSIBILITIES

# ELLESMERE COLLEGE

- Founded in 1884 and has a proud history of rugby.
- Offers boarding and day facilities.
- There are 5 sporting academies at the school
- The Academy began 10 years ago and has recently gone through several changes.
- Ellesmere College's ethos is one that focuses on getting the best out of each and every individual. This is certainly applied in rugby.



# WHAT CAN ELLESMERE RUGBY DO FOR YOU?

Something for Everyone

## Ellesmere Rugby Academy Provision



**Recreation**



**Development**



**Performance**

# RECREATION RUGBY

- ◉ Aim - To get players from beginners to competent players and enjoying the game.
- ◉ Have a large number of coaches involved in Lower school rugby.
- ◉ Lunch time rugby clubs for lower school pupils
- ◉ “Try Rugby” Club for older beginners.
- ◉ Pure enjoyment but big take up into competitive teams.

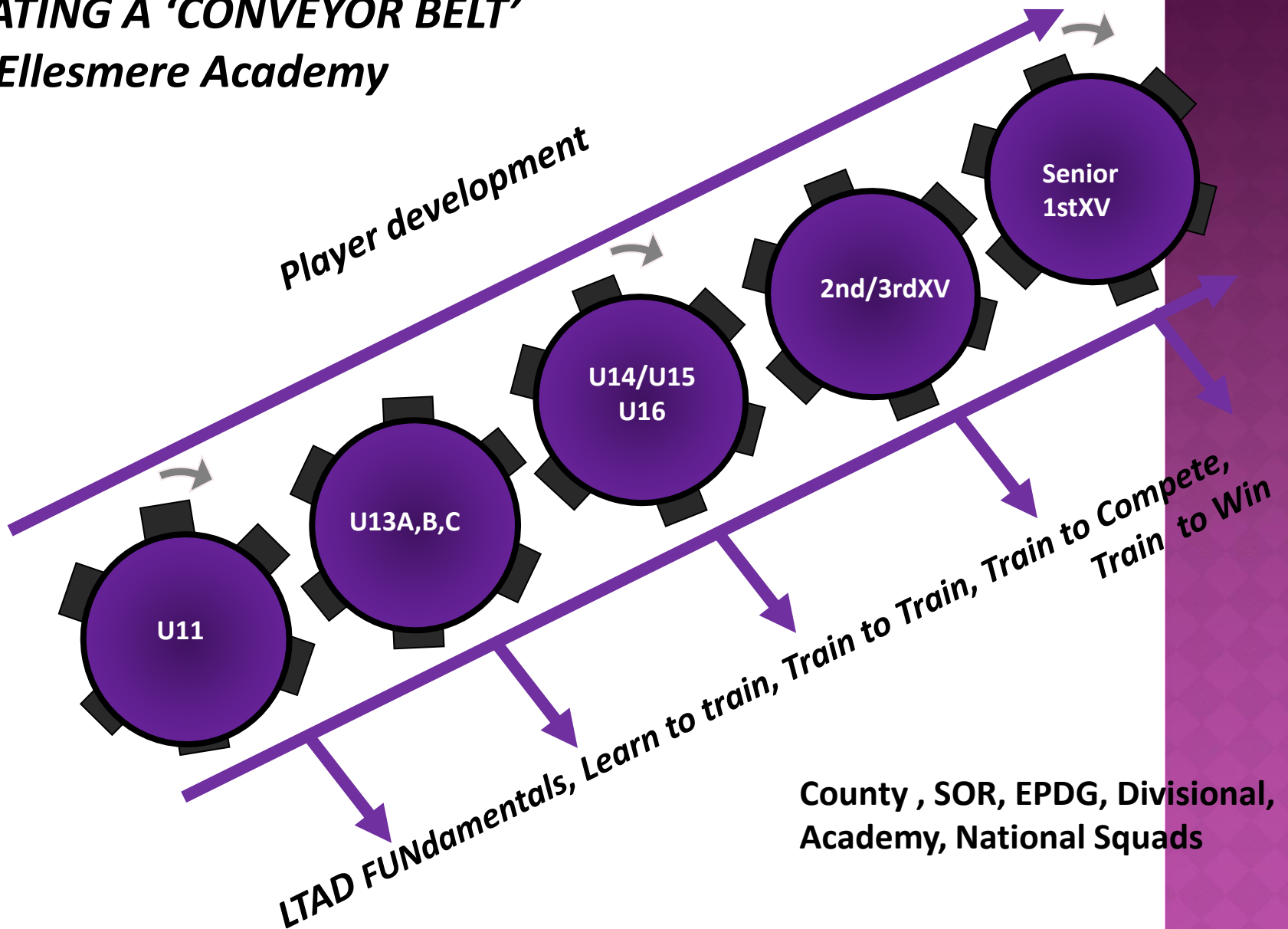


# DEVELOPMENT

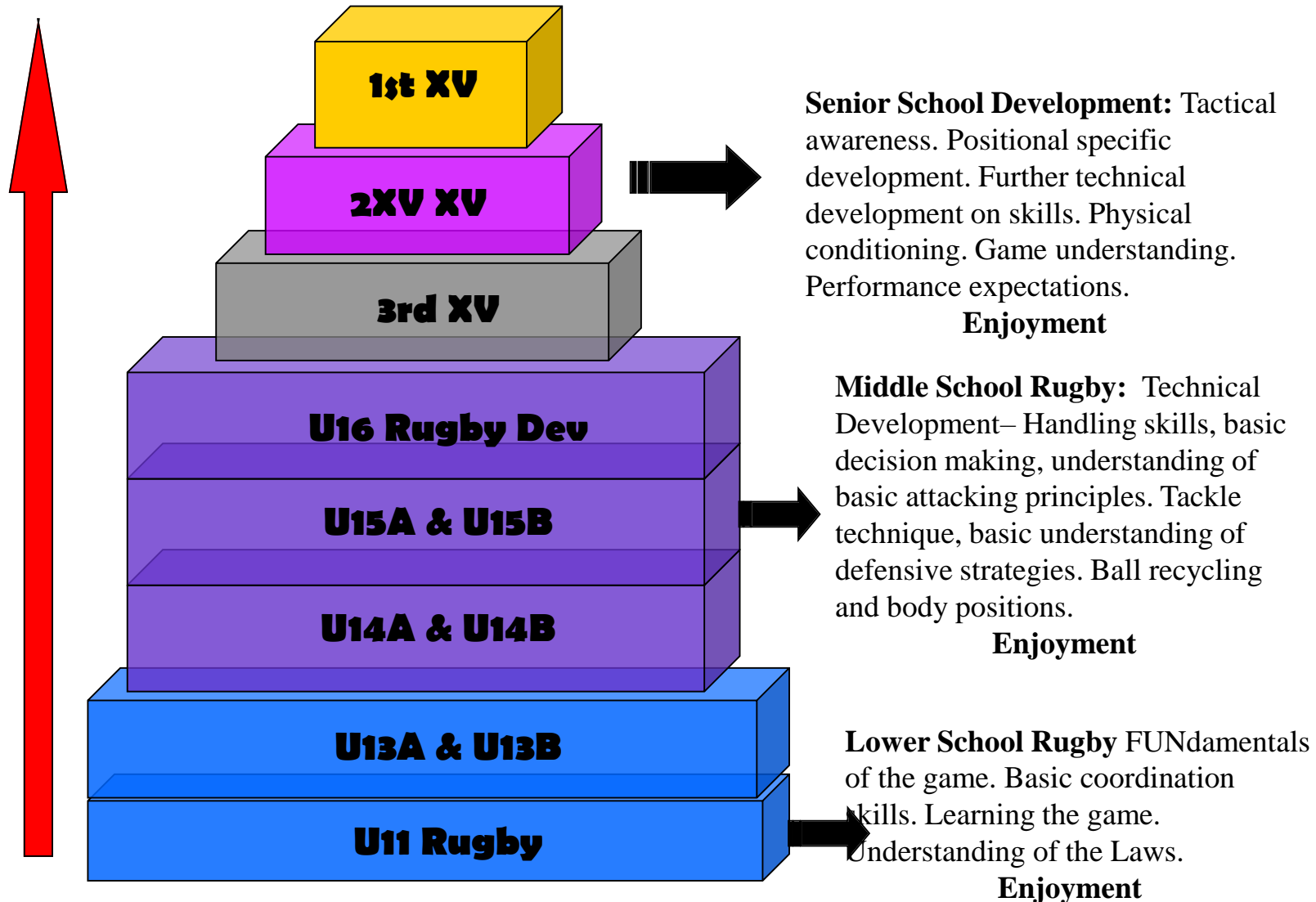
- Ellesmere prides itself on player development as opposed to simply winning.
- Sevens is an important development tool
- There will be specific “development” games throughout the season.
- Opportunity to progress from development teams to competitive teams.



**ENSURING A CONTINUUM**  
**CREATING A 'CONVEYOR BELT'**  
*The Ellesmere Academy*



# DEVELOPMENT PATHWAY





# PERFORMANCE LEVEL



- ⦿ Ellesmere College is the ideal place for young hopeful rugby players.
- ⦿ It prepares players for the professional game by equipping them with necessary tools through skill development, game understanding, position development, elite conditioning while helping them balance their sporting and academic commitments.



# YEAR ROUND RUGBY

## Ellesmere Rugby Season

**Sept—Dec: 15 man season**

**Jan—April: Sevens Season**

**May—July: Individual Development**

**Ellesmere Academy  
Programme**



# ELLESMERE ACADEMY PROGRAMME

- Open to all but rugby scholars are expected to attend Academy sessions
- Academy sessions include:
  - ✓ Game Analysis
  - ✓ Nutritional Lectures
  - ✓ Psychology workshops
  - ✓ Physical Testing
  - ✓ Conditioning Sessions
  - ✓ Positional Specific work



# FACILITIES FOR EXCELLENCE

- ◉ 6 Rugby Pitches
- ◉ Floodlit Astro
- ◉ 1 Dedicated free weights performance gym
- ◉ 1 Cardio gym
- ◉ Indoor pool
- ◉ Sports hall & sports classrooms





# RUGBY PATHWAYS FROM ELLESMERE

○ Ideal academy for accessing pro clubs





WORCESTER  
WARRIORS



# REPRESENTATIVE HONOURS



Ellesmere's success isn't simply measured by winning on the weekend, but looking at what our players go on to achieve outside of school.



# SCOTTISH EXILES

## MAT GOZZER & SCOTT MACKAIL





# P GORMAN, T KING & ADAM KING- IRISH EXILES



# WALES EXILES

H CROSS, S LECKIE, M ADAMS, B  
WYNN & C THATCHER



# JOEL GALLEY/ JAMES KING - WALES U18 2008.





# JAMES KING - OSPREYS AND SENIOR WELSH CAP



# U16 ENGLAND 2011-12

## L CHAUDRON & C DICKSON



BADRI ALKHAZASHVILI - GEORGIA U18  
COLIN DICKSON - ENGLAND U18  
LUCAS HUMPE - GERMANY U18





# ZAC XIUROUPPA ENGLAND U16 &18 EFAN JONES WALES U18







# TOM FURNIVAL ENGLAND

## UNDER 16 &

## WORCESTER WARRIORS





# GUS WARR - SCOTLAND U18S & SALE



# SO WHAT ELSE CAN ELLESMERE OFFER THAT'S DIFFERENT?

- The landscape has changed for rugby pathways - Schools are not the only option for just rugby development.
- Ellesmere College provides an environment where young people can grow into well rounded individuals with a lot more to offer than just one aspect of development.



# ACADEMIC - MIDDLE SCHOOL

- In Middle School pupils study a common spine of subjects which includes English, Mathematics, the three sciences of Biology, Chemistry and Physics.
- In addition to this a wide range of subjects are offered in year 10 to form part of the GCSE options.
- Only 5 C grades are required for 6<sup>th</sup> form.

# ACADEMIC- 6<sup>TH</sup> FORM

- ⦿ A range of subjects are available at A level or students may choose to pursue their advanced studies through the IB Diploma.
- ⦿ Now offer the **Sport BTEC** course which supports our rugby programme.
- ⦿ 85% of students achieve their first choice place in a wide spectrum of courses and universities.

# PASTORAL CARE

- Ellesmere College takes pride in the way that it seeks to get the best out of each individual.
- A well structured team of teaching and house staff ensure that the boys remain **Happy** and are able to balance their sport with their school life.





# BOARDING AT ELLESMERE

- Ellesmere has superb boarding facilities that help add to the unique atmosphere of the school.
- The boarding lifestyle helps the students balance their time between academic studies and sporting commitments.
- Boarding allows pupils easy access to facilities & the opportunity to make new friends.



# CONCLUSION

- ⦿ Ellesmere offers young rugby players the opportunity to develop and a chance to reach their full potential.
- ⦿ The school provides an environment that helps young people flourish through its pastoral care, sporting and academic programme.
- ⦿ Ellesmere has all the necessary ingredients for success all that is required is hard work from the individual.

# Questions

